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What is claimed is:

- 1. A surgical retractor blade for attaching to a drive mechanism, said retractor blade comprising a polymeric body having a first end, a second end, and a channel adapted to engage one side of an incision in a patient, said first end having a first cavity adapted to receive a support member extending from said drive mechanism.
- 2. The surgical retractor blade of claim 1 wherein said channel is adapted to receive a incised sternum.
- 3. The surgical retractor blade of claim 1 wherein said first cavity is a blind hole having a predetermined depth from said first end.
- 4. The surgical retractor blade of claim 3 wherein said blind hole is substantially cylindrical.
- 5. The surgical retractor blade of claim 3 wherein said depth is at least about 1.125 inches long.
- 6. The surgical retractor blade of claim 1 wherein said first cavity becomes progressively smaller in a direction away from said first end.
- 7. The retractor blade assembly of claim 1 further comprising a second cavity adapted to receive a second support member extending from said drive mechanism.
- 8. A surgical retractor blade for attaching to a drive mechanism, said retractor blade comprising a polymeric body having a first end, a second end, a channel adapted to engage one side of an incision in a patient, and a rail extending along at least a portion of said polymeric body.

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- 9. The surgical retractor blade of claim 8, wherein said rail has a top portion and a bottom portion, said bottom portion having a narrowed region adjacent said top portion forming first and second tabs on said top portion.
- 10. The surgical retractor blade of claim 8, further comprising a plurality of open slots for receiving a suture therein.
 - 11. The surgical retractor blade of claim 10, wherein said open slots have an internal wall and a suture locking member having fixed end and a free end, said free end engaging said internal wall so as to clamp a suture placed between said free end and said internal wall.
 - 12. The surgical retractor blade of claim 11 wherein said suture locking member is substantially rigid and pivots about said fixed end.
 - 13. The surgical retractor blade of claim 12 further comprising a spring member biased against said suture locking member to forcibly urge said free end towards said internal wall.
 - 14. The surgical retractor blade of claim 10 wherein at least one of said open slots have a first slot section which bifurcates into a second slot section and a third slot section.
- 15. The surgical retractor blade of claim 14, wherein each of said second and third slot sections have an internal wall and a suture locking member having fixed end and a free end, said free end engaging said internal wall so as to clamp a suture placed between said free end and said internal wall.
- 16. The surgical retractor blade of claim 8 wherein said rail is curved along its length.

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- 17. The surgical retractor blade of claim 8 wherein said first end has a cavity adapted to receive a support member extending from said drive mechanism.
- 18. The surgical retractor blade of claim 17 wherein said cavity is a tapered hole.
- 19. The surgical retractor blade of claim 18 further comprising a flexible polymeric flap adapted to flexibly engage soft tissue surrounding said incision.